

SANDWEDGES

All sandwedges are served with your choice of fries, house salad or Innerkip coleslaw. Bread choices: White, Whole Wheat or Rye.

BLT Sandwich

Your choice of bread topped with lettuce, tomatoes and crisp bacon with homefries. 7.99

Buffalo Chicken Sandwich

Crispy coated chicken breast tossed in our medium wing sauce topped with lettuce, tomatoes and ranch dressing 9.99

Roast Beef Stack

Thinly sliced roast beef warmed, piled high on a fresh bun. Served with au jus for dipping. 9.99

Philly Cheese Steak Sandwich

Shaved sirloin steak with sautéed mushrooms, onions and red peppers. Served in a garlic butter brushed bun topped with melted mozzarella. 9.99

The Innerkip Clubhouse

Our signature sandwich served triple decker style with a juicy grilled chicken breast, fresh tomatoes, lettuce, peameal bacon, cheddar cheese and mayo. 11.99

DINNER SALADS

Highlands Chef Salad

Fresh iceberg lettuce and spring mix with shredded carrots, cucumbers and tomato wedges and croutons. 6.99

Highlands Grilled Chicken Chef Salad

Grilled chicken with fresh iceberg and spring mix with shredded carrots, cucumbers and tomato wedges and croutons. 9.99

Caesar Salad

Fresh romaine lettuce tossed in our creamy dressing with croutons and bacon. Topped with fresh ground parmesan cheese. 7.99

Chicken Caesar Salad

Grilled Chicken with fresh romaine lettuce tossed in our creamy dressing with croutons and bacon. Topped with fresh ground parmesan. 10.99

Clubhouse Salad

Fresh iceberg lettuce and spring mix tossed with diced tomatoes, bacon and crispy pieces of battered chicken topped with croutons and blended cheese. 10.99



DINNERS

Fish and Chips

One of our club's best sellers, two haddock fillets in a crispy golden beer batter served with fries and our club coleslaw, garnished with a fresh lemon and tartar sauce. 12.99
Half Order 9.99

Roasted Red Pepper Chicken Penne

We sauté chicken and sun dried tomatoes in a roasted red pepper garlic butter, tossed with Alfredo sauce and penne noodles. Topped with blended cheeses and baked to perfection. Served with garlic bread. 14.99

Chicken Tetrazzini

Fettuccini noodles with sautéed chicken, onions, mushrooms and tomatoes tossed in alfredo sauce served with garlic bread. 14.99

Veal Parmesan

Lightly breaded and seasoned, our tender veal cutlet is topped with marinara sauce, mozzarella cheese and fresh parmesan. Served with a vegetable medley and your choice of rice, mashed potatoes or French fries. 14.99

Schnitzel Dinner

A classic pork schnitzel served golden brown with sauerkraut. Served with a vegetable medley and your choice of rice, mashed potatoes or French fries. 14.99

Hot Roast Beef Dinner

Tender slices of slow-roasted seasoned beef topped with gravy. Served with mashed potatoes and a vegetable medly. 15.99

Pan Seared Haddock

Two Haddock Loins seared in olive oil lemon and pepper. Served with a vegetable medley and your choice of rice or mashed potatoes. 12.99
Half order 9.99

DESSERTS

Tiramisu Tulip

An Italian classic with vanilla cake soaked in rich coffee syrup. Made with real mascarpone cheese presented in a unique edible soft cookie cup lined in chocolate with a dusting of cocoa powder. 5.99

Country Apple Pie

Sweet dough pastry, a layer of custard, large chunks of apples and sprinklings of raisins & cinnamon. Topped off with coconut streusel. Amazing. 4.99

Add a scoop of ice cream .99

Everyday Sundae

Old fashioned style vanilla sundae with your choice of chocolate or caramel sauce, sprinkled with crushed peanuts and topped with whipped cream and a cherry 3.99

Reservations recommended for groups greater than 8
A 15% gratuity will apply